

## June 2018 breakfast June 2018

| Mon  | Tue  | Wed   | Thu  | Fri  |
|--|--|---|--|--|
| <b>28</b>  | <b>29</b><br>Yogurt, Greek, ZOI<br>English Muffin w/ Egg, Ham & Cheese<br>Mixed Berries<br>Fresh Apples<br>Toast, 12 grain<br>1% Milk<br>Nonfat Chocolate Milk   | <b>30</b><br>Scrambled Eggs w/ Cheese<br>Croissant w/ Egg<br>Smoothie, Strawberry/Banana,<br>Fresh Apples<br>Fresh Oranges<br>Whole Wheat Toast<br>1% Milk<br>Nonfat Chocolate Milk             | <b>31</b><br>Croissant w/ Egg & Sausage Bits<br>Smoothie, Strawberry/Banana,<br>Banana<br>Applesauce<br>Pancake, Whole Wheat & Honey<br>1% Milk<br>Nonfat Chocolate Milk | <b>1</b><br>Country Potato Bowl w/ Scrambled Eggs<br>English Muffin w/ Egg, Ham & Cheese<br>Fresh Oranges<br>Orange Juice<br>Fresh Apples<br>Toast<br>1% Milk<br>Nonfat Chocolate Milk |
| <b>4</b><br>French Toast<br>Croissant w/ Egg & Bacon<br>Fresh Apples<br>Fresh Oranges<br>Smoothie,<br>Watermelon/Raspberry<br>1% Milk<br>Nonfat Chocolate Milk | <b>5</b><br>Yogurt, Greek, ZOI<br>English Muffin w/ Egg, Ham & Cheese<br>Mixed Berries<br>Frozen Strawberry Cup (4.5 oz)<br>Fresh Apples<br>Waffle, Whole Grain<br>Toast, 12 grain<br>1% Milk<br>Nonfat Chocolate Milk | <b>6</b><br>Biscuits & Gravy<br>Smoothie,<br>Watermelon/Raspberry<br>Fresh Apples<br>Fresh Oranges<br>Bagel, whole grain<br>1% Milk<br>Nonfat Chocolate Milk                                    | <b>7</b><br>Breakfast Burrito w/Chorizo,<br>Egg & Cheese<br>Fresh Apples<br>Banana<br>Smoothie, Strawberry/Banana,<br>1% Milk<br>Nonfat Chocolate Milk                   | <b>8</b><br>Frozen Sliced Strawberries,<br>Sweetened (1/2 cup)<br>Smoothie,<br>Watermelon/Raspberry<br>Waffle Sticks, Whole Grain<br>1% Milk<br>Nonfat Chocolate Milk                  |
| <b>11</b><br>Pancake on a Stick<br>Croissant w/ Egg & Bacon<br>Applesauce<br>Smoothie, Strawberry/Banana,<br>Fresh Oranges<br>1% Milk<br>Nonfat Chocolate Milk | <b>12</b><br>Yogurt, Greek, ZOI<br>Mixed Berries<br>Fresh Apples<br>Fresh Oranges<br>Toast, 12 grain<br>1% Milk<br>Nonfat Chocolate Milk   | <b>13</b><br>Country Potato Bowl w/<br>Scrambled Eggs<br>Croissant w/ Egg & Bacon<br>Fresh Apples<br>Fresh Oranges<br>Smoothie, Strawberry/Banana,<br>Toast<br>1% Milk<br>Nonfat Chocolate Milk | <b>14</b><br>French Toast<br>English Muffin w/ Egg, Ham & Cheese<br>Fresh Apples<br>Banana<br>Smoothie,<br>Watermelon/Raspberry<br>1% Milk<br>Nonfat Chocolate Milk      | <b>15</b><br>Applesauce<br>Orange Juice<br>Cereal, Multigrain, Cinnamon<br>Banana Bread Slice<br>1% Milk<br>Nonfat Chocolate Milk  |
| <b>18</b>  | <b>19</b>  | <b>20</b>   | <b>21</b>  | <b>22</b>  |
| <b>25</b>  | <b>26</b>  | <b>27</b>   | <b>28</b>  | <b>29</b>  |

# K-8 Lunch SY17-18

June 2018

| Mon  | Tue  | Wed   | Thu   | Fri   |
|--|--|---|---|---|
| <b>28</b><br>Memorial Day  | <b>29</b><br>Chicken Nuggets<br>Salad Bar K-6<br>Caesar Salad<br>Spiral Cut French Fries<br>Honeydew Chunks (1/2 cup)<br>1% Milk<br>Nonfat Chocolate Milk  | <b>30</b><br>Pizza<br>Cheese Pretzel<br>Caesar Salad<br>Salad Bar K-6<br>Marinara Sauce Dipping Cup<br>Grapes<br>1% Milk<br>Nonfat Chocolate Milk   | <b>31</b><br>Hamburger<br>Turkey Sandwich (k-6)<br>Potato Wedges<br>Caesar Salad<br>Salad Bar K-6<br>Fresh Oranges<br>Tortilla Chip<br>1% Milk<br>Nonfat Chocolate Milk   | <b>1</b><br>Chicken Alfredo<br>Turkey Sandwich (k-6)<br>Caesar Salad<br>Steamed Veg's<br>Grapes<br>Roll, Wheat<br>1% Milk<br>Nonfat Chocolate Milk  |
| <b>4</b><br>Hot Dog<br>Salad Bar K-6<br>Caesar Salad<br>Baby Carrots, cooked<br>Honeydew Chunks (1/2 cup)<br>Smoothie, Strawberry/Banana,<br>Smoothie,<br>Watermelon/Raspberry<br>1% Milk<br>Nonfat Chocolate Milk | <b>5</b><br>Bean and Cheese Nacho Burrito<br>Salad Bar K-6<br>Caesar Salad<br>Pineapple Tidbits<br>Smoothie,<br>Watermelon/Raspberry<br>Spanish Rice<br>1% Milk<br>Nonfat Chocolate Milk                   | <b>6</b><br>Pizza<br>Marinara Sauce Dipping Cup<br>Salad Bar K-6<br>Caesar Salad<br>Fresh Apples<br>Smoothie, Peach Mango<br>Smoothie, Strawberry/Banana,<br>1% Milk<br>Nonfat Chocolate Milk   | <b>7</b><br>Chicken Burger<br>Spiral Cut French Fries<br>Caesar Salad<br>Salad Bar K-6<br>Watermelon Chunks<br>Smoothie,<br>Watermelon/Raspberry<br>Smoothie, Peach Mango<br>1% Milk<br>Nonfat Chocolate Milk       | <b>8</b><br>Spaghetti and Meat Sauce<br>Caesar Salad<br>Steamed Veg's<br>Fresh Oranges<br>Smoothie, Peach Mango<br>Smoothie, Strawberry/Banana,<br>Smoothie,<br>Watermelon/Raspberry<br>1% Milk<br>Nonfat Chocolate Milk                        |
| <b>11</b><br>Chicken Strips<br>Turkey Sandwich (k-6)<br>Mashed Potatoes<br>Salad Bar K-6<br>Grapes<br>Smoothie, Peach Mango<br>1% Milk<br>Nonfat Chocolate Milk  | <b>12</b><br>WG Macaroni and Cheese<br>Turkey Sandwich (k-6)<br>Caesar Salad<br>Salad Bar K-6<br>Fresh Apples<br>Smoothie, Strawberry/Banana,<br>Smoothie, Peach Mango<br>1% Milk<br>Nonfat Chocolate Milk | <b>13</b><br>Pizza<br>Cheese Pretzel<br>Marinara Sauce Dipping Cup<br>Caesar Salad<br>Salad Bar K-6<br>Honeydew Chunks (1/2 cup)<br>Smoothie,<br>Watermelon/Raspberry<br>Smoothie, Strawberry/Banana,<br>1% Milk<br>Nonfat Chocolate Milk | <b>14</b><br>Popcorn Chicken<br>Turkey Sandwich (k-6)<br>Potato Smiles<br>Caesar Salad<br>Salad Bar K-6<br>Banana<br>Smoothie,<br>Watermelon/Raspberry<br>Smoothie, Peach Mango<br>1% Milk<br>Nonfat Chocolate Milk | <b>15</b><br>Pizza<br>Cheese Pretzel<br>Turkey Sandwich (k-6)<br>Marinara Sauce Dipping Cup<br>Celery Sticks w/Sunbutter<br>Caesar Salad<br>Banana<br>Smoothie, Peach Mango<br>Smoothie, Strawberry/Banana,<br>1% Milk<br>Nonfat Chocolate Milk |
| <b>18</b>  | <b>19</b>  | <b>20</b>   | <b>21</b>   | <b>22</b>   |
| <b>25</b>  | <b>26</b>  | <b>27</b>   | <b>28</b>   | <b>29</b>   |